

LUNCH MENU

SERVED ALL DAY



Kitchen Hours: Mon - Thurs 9:00am-2:45pm

Fri & Sat 8:30am-2:45pm

Sun Closed

Order Online: [KatesSimpleEats.com](https://www.KatesSimpleEats.com)
(508) 748 - 0042

SANDWICHES

All sandwiches are served with a crisp dill pickle

Gluten Free Bread or Wrap +1.75

Turkey Club 14.00
Roasted turkey, applewood smoked bacon, tomato, shredded iceberg and mayo, on toasted white or multigrain

Nance's Tuna 12.00
Our famous tuna salad, arugula, red onion, sliced tomato, served cold on bread or a wrap

Ginger Sesame Tuna 14.00
Our famous tuna salad, cucumber, avocado, toasted sesame seeds, and a ginger vinaigrette, served cold on bread or in a wrap.

Kate's Grilled Cheese 7.50
Provolone and American cheese, warm pressed with garlic butter on white or multigrain V

Herbed Gouda Melt 10.00
Smoked Gouda, marinated tomato and a sprinkle of maldon salt, warm pressed with thyme butter on your choice of white or multigrain

Black Bean Wrap 12.00
Black beans, cheddar, spinach, red onion, red bell pepper and tomato with a hit of sriracha hot sauce and sour cream. Served in a wrap. Add a protein!

The Root Garden 14.00
Roasted beets, sweet potato, red onion, chopped spinach, honey whipped feta and a green goddess dressing, served cold on multigrain bread V

The Big Dill 13.00
Roasted turkey, Swiss, dill pickle cabbage slaw and a garlic dill aioli, served cold on a seeded roll

Old School BLT 9.50
Applewood smoked bacon, tomato, shredded iceberg and mayo, on toasted white or multigrain

Tuna Melt 12.00
Our famous tuna salad and cheddar cheese, warm pressed on white or multigrain

Buffalo Chicken Wrap 12.50
Buffalo chicken, American cheese, shredded iceberg, tomato, and blue cheese dressing, served cold in a white or wheat wrap

Ham & Swiss 12.00
Black Forest ham, Swiss cheese, arugula and an herbed Dijon, served cold on a seeded roll

Chicken Caesar Wrap 14.00
Pulled chicken, chopped romaine, Parmesan cheese, seasoned panko and lemon Caesar dressing, served cold in your choice of wrap

Tzatziki Chicken Wrap 14.00
Lemon herb marinated pulled chicken, feta, mashed avocado, cucumber, red onion, arugula and a creamy cucumber tzatziki sauce, served cold in a white or wheat wrap

The Tuscan 14.50
Lemon herb marinated pulled chicken, salami, provolone, marinated tomato, shredded iceberg, sliced cherry peppers and mayo, served cold on a seeded roll

Green Goddess Chicken Salad 13.50
Green goddess chicken salad, arugula, cucumber and toasted almonds, served cold in a spinach wrap Nuts

Before placing your order, please inform your server of any food allergies



*Please see staff for
allergen information*

ADD A PROTEIN:

Marinated Chickpeas	3
Crumbled Bacon	3
Tuna Salad	5
Chicken Salad	5
Pulled Chicken	5
Pulled Lemon Herb Chicken	5
Buffalo Chicken	5

DRESSINGS

Green Goddess
Simple Vinaigrette
Ginger Vinaigrette
Lemon Caesar
Bleu Cheese
Citrus Pesto

DAILY SPECIALS

We offer daily specials everyday!
Ask your cashier or server what is
featured today.

THANK YOU FOR DINING WITH US!

SALADS

Caesar Salad 12.50
Chopped romaine, shaved parmesan,
seasoned panko and lemon caesar dressing

Beet & Feta Salad 15.50
Arugula, roasted beets, sweet potato, feta,
quinoa, toasted almonds and Kate's green
goddess dressing **Nuts**

Harvest Bowl 14.50
Spinach, quinoa, marinated chickpeas, feta,
red peppers, tomato, avocado, red onion
and Kate's simple vinaigrette dressing

Lemon Arugula 11.00
Arugula, shaved Parmesan and Kate's
simple vinaigrette dressing

Green Goddess Chicken 14.00
Salad Bowl
Green goddess chicken salad on a bed of
romaine, cucumber and toasted almonds
with Kate's green goddess dressing **Nuts**

Tuna Salad Bowl 14.00
Tuna salad on a bed of romaine, tomato,
and red onion with Kate's simple
vinaigrette dressing

SEASONAL SOUPS

Ask your server for today's selection

8 oz Cup	5.00
16 oz Bowl	9.50
32 oz Quart	18.00