

LUNCH MENU

SERVED ALL DAY



Kitchen Hours: **Mon - Thurs 8:30am-2:45pm**
Fri & Sat 8:00am-2:45pm
Sun Closed

Order Online: KatesSimpleEats.com
(508) 748 - 0042

SANDWICHES

All sandwiches are served with a crisp dill pickle

Gluten Free Bread or Wrap +1.75

Turkey Club 14.00

Roasted turkey, applewood smoked bacon, tomato, shredded iceberg and mayo, on toasted white or multigrain

Nance's Tuna 12.00

Our famous tuna salad, arugula, red onion, sliced tomato, served cold on bread or a wrap

Ginger Sesame Tuna 14.00

Our famous tuna salad, cucumber, avocado, toasted sesame seeds, cilantro, and a ginger vinaigrette, served cold on bread or in a wrap.

Kate's Grilled Cheese 7.50

Provolone and American cheese, warm pressed with garlic butter on white or multigrain **V**

Herbed Gouda Melt 10.00

Smoked Gouda, marinated tomato and a sprinkle of maldon salt, warm pressed with thyme butter on your choice of white or multigrain

Black Bean Wrap 12.00

Black beans, cheddar, arugula, red onion, red bell pepper and tomato with a hit of sriracha hot sauce and sour cream. Served in a wrap. Add a protein!

The Root Garden 14.00

Roasted beets, sweet potato, red onion, chopped kale, honey whipped feta and a green goddess dressing, served cold on multigrain bread **V**

The Big Dill 13.00

Roasted turkey, Swiss, dill pickle cabbage slaw and a garlic dill aioli, served cold on a seeded roll

Old School BLT 9.50

Applewood smoked bacon, tomato, shredded iceberg and mayo, on toasted white or multigrain

Tuna Melt 12.00

Our famous tuna salad and cheddar cheese, warm pressed on white or multigrain

Buffalo Chicken Wrap 12.50

Buffalo chicken, American cheese, shredded iceberg, tomato, and blue cheese dressing, served cold in a white or wheat wrap

Ham & Swiss 12.00

Black Forest ham, Swiss cheese, arugula and an herbed Dijon, served cold on a seeded roll

Chicken Caesar Wrap 14.00

Pulled chicken, chopped kale, Parmesan cheese, seasoned panko and lemon Caesar dressing, served cold in your choice of wrap

Tzatziki Chicken Wrap 14.00

Lemon herb marinated pulled chicken, feta, mashed avocado, cucumber, red onion, arugula and a creamy cucumber tzatziki sauce, served cold in a white or wheat wrap

The Tuscan 14.50

Lemon herb marinated pulled chicken, salami, provolone, marinated tomato, shredded iceberg, sliced cherry peppers and mayo, served cold on a seeded roll

Green Goddess Chicken Salad 13.50

Green goddess chicken salad, arugula, cucumber and toasted almonds, served cold in a spinach wrap **Nuts**

Before placing your order, please inform your server of any food allergies



Please see staff for allergen information

ADD A PROTEIN:

Marinated Chickpeas	3
Crumbled Bacon	3
Tuna Salad	5
Chicken Salad	5
Pulled Chicken	5
Pulled Lemon Herb Chicken	5
Buffalo Chicken	5

DRESSINGS

Green Goddess
Simple Vinaigrette
Ginger Vinaigrette
Lemon Vinaigrette
Lemon Caesar
Bleu Cheese
Citrus Pesto

SALADS

Kale Caesar 12.50
Chopped Kale, Parmesan, seasoned panko and lemon caesar dressing

Beet & Feta Salad 15.50
Arugula, roasted beets, sweet potato, feta, quinoa, toasted almonds and Kate's simple vinaigrette dressing **Nuts**

Burrata Salad 15.50
Arugula, creamy burrata, marinated tomato, cucumber, red onion, balsamic reduction and a citrus pesto dressing

Harvest Bowl 14.50
Chopped kale, quinoa, marinated chickpeas, feta, red peppers, marinated tomato, avocado, red onion and Kate's simple vinaigrette dressing

Fresh Fusion Bowl 14.50
Shredded cabbage, iceberg, carrot, scallion, red peppers, edamame, fresh cilantro, toasted almonds and sesame seeds with a ginger vinaigrette. **Nuts**

Lemon Arugula 11.00
Arugula, shaved Parmesan and a lemon vinaigrette dressing

DAILY SPECIALS AND SEASONAL SOUPS

We offer daily specials everyday! Ask your cashier or server what is featured today.

THANK YOU FOR DINING WITH US!