

# **Kate's Simple Eats**

#### 2023 Catering Menu

### \* Salads (serves 8-10 people as a side salad)

Morning Greens: tender greens tossed with hard-boiled egg, crumbled bacon, red onion, tomato, and avocado with a light vinaigrette. \$65

**Lemon Arugula Salad:** a simple salad of baby arugula that is dressed with fresh lemon juice & olive oil & topped with shaved parmesan cheese and a flaked sea salt. \$50

**Kate's Simple Garden Salad**: tender greens topped with tomato, cucumber, and red onion with our homemade rosemary balsamic dressing \$40

Caprese Salad Platter: layers of sliced tomato & fresh mozzarella with basil pesto and topped with diced red onion & cucumber, cracked black pepper, flake salt, olive oil and a balsamic reduction. \$65

Watermelon Feta Salad: arugula, diced watermelon, feta, red onion, English cucumber & fresh mint tossed with a light vinaigrette. \$52

**Superfood Salad Platter**: our popular healthy salad of black beans, quinoa, tomato, onion, sweet potato, avocado and toasted almonds on a bed of fresh spinach, served with our homemade jalapeno lime dressing. (also available as a tossed salad) \$65

**Cobb Salad Platter**: an artfully presented salad of roasted chicken, Black Forest Ham, hard boiled eggs, tomato, blue cheese, avocado and red onion over chopped romaine and served with blue cheese or French vinaigrette dressing \$80

**The Wedge Chop Salad:** chopped iceberg, applewood smoked bacon, tomato, red onion and served with chunky blue cheese dressing. \$6

## \* Quarts of All Sorts 32oz of stress taken out of your life!

Pesto Pasta Salad: pasta, grape tomato, fresh mozzarella, basil and tossed with a parmesan pesto. \$16

Sesame Noodle Salad: soy & ginger noodles tossed with carrot and scallion \$16

Quinoa Salad: with tomato, feta & cucumber \$18

Bruschetta Pasta Salad: tomato, onion, garlic basil & parmesan \$16

BLT Pasta Salad: applewood smoked bacon, ripe tomato & greens with a creamy Italian ranch \$18

Buffalo Chicken Pasta Salad: carrot, celery, blue cheese and buffalo sauce. \$20

Homemade Hummus (seasonal flavors) \$20

**Buffalo Chicken Dip \$28** 

**Guacamole MP** 

Tarragon Chicken Salad \$20

Tuna Salad \$20

Egg Salad \$18

Soup Chicken Noodle, Creamy Tomato, Broccoli Cheddar, Shrimp & Corn Chowder, Chicken Tortilla & Garden Vegetable \$16

Panzanella Salad: tomato, onion, cucumber, & cubed bread with fresh basil & balsamic \$20

Red Skinned Potato Salad: with mayo, mustard & dill \$18

Italian Pasta Salad: salami, roasted red pepper, red onion & artichoke \$2

Classic Coleslaw \$16

Kate's Original Pasta Salad: with Greek dressing, carrot and celery \$16

Traditional Pasta Salad: with red onion, roasted red peppers, cucumber, celery & dressing \$16

#### \* Sandwiches (serves 8-10)

Assorted Wrap Basket: choice of 6...tuna, superfood (v), ham, buffalo chicken & garden turkey wraps, cut in half and displayed in a basket. \$60

Petite Sandwich Rolls: our tarragon chicken salad, tuna salad or egg salad served in petite sandwich rolls arranged on a platter. \$48/doz Assorted Sandwich Sliders: choice of tomato/mozz/pesto/balsamic, tuna/lettuce/tomato, turkey/avocado/red onion, ham/apple/cheddar/dijon, chicken salad/greens/toasted almond, turkey/cheddar/greens/cherry pepper aioli mini sandwiches \$60/doz Boxed or Bagged Lunch: choice of turkey, ham, buffalo chicken, tuna or chicken salad with a pickle, cookie and chips. Individually packaged up and ready to travel. \$16 each (add \$1.50 for bottle of water)

## \* Platters & Baskets (serves 10, give or take unless otherwise noted)

Cheese Platter: assorted cheese & crackers \$60 add fruit & meat \$95

**Baked Brie**: large wheel topped with cranberry, almonds & honey and served with sliced baguette \$54 **Garden Veggie Basket**: assorted seasonal vegetables served with homemade hummus or tzatziki \$48

Farmers Platter: an artistically arranged display of seasonal veggies, spreads, breads and nibbles to pick at \$75

Smoked Salmon: 3lbs of smoked salmon with toasts, diced red onion, capers, lemon zest \$160

Whipped Feta: served with pita and vegetables to dip \$54

### \* Individual Serving Apps (priced by the dozen)

(more possibilities available in individual servings)

Mini Parfaits: Low-fat plain or vanilla Greek yogurt, fresh berries, artisanal granola \$30

Sesame Noodles sesame, soy & ginger noodles tossed \$57

Lemon Rotini Pasta: with arugula, cherry tomato & parmesan. \$45

Crudité Cups: choice of hummus, tzatziki or blue cheese in a cup with a selection of seasonal vegetables for dipping \$42

Garden Salad: Side salad with choice of dressing \$57

### \* Appetizers (by the dozen, minimum 2 dozen)

Caprese Skewer \$27 BBQ Meatballs \$18 BBQ Chicken Bites \$36 Wedge Salad Skewer \$27 Pesto Tortellini Skewer \$24

Watermelon Feta Mint Skewer \$30 (seasonal)

BLT Crostini \$30

Bacon Almond Cheddar Toast \$30 Herbed Ricotta Bruschetta \$30 Apple, Brie & Almond Crostini \$30 Tomato, Caper & Feta Bruschetta \$30

Cranberry Brie Bites \$33 Chicken Salad Cups \$36

Tomato Soup Shooters with Grilled Cheese Crouton \$33

Buffalo Chicken Quesadilla (8 slices) \$16

Arancini: cheese stuffed rice balls with marinara \$30

Spanakopita (3oz pieces) \$36

# \* Buffets (priced per person. Minimum 12 people)

(more possibilities available)

Chili Bar: Beef chili with toppings to include cheese, sour cream, red onion, tortilla, shredded lettuce \$10

BBQ Chicken Sliders: pulled BBQ chicken served with mini rolls and coleslaw \$9.50

Salsa Verde Chicken Sliders: pulled salsa Verde chicken served on mini rolls and topped with mixed greens and pickled onions. \$9.50

Soup Bar: Choice of soup served with brioche rolls \$8.50

Marinaded Chicken Skewers: Served with jasmine rice \$18

Mac & Cheese: \$10

Buffalo Chicken Mac & Cheese: \$12

Chicken Stew with puff pastry crostini: \$18

Penne Ala Vodka: \$12

Shrimp Scampi: served with a lemon garlic sauce and jasmine rice \$22

Roasted Ratatouille over Polenta: roasted vegetables over creamy parmesan polenta \$18

Herb Marinated Pork Tenderloin: served with a maple mustard sauce \$18

Beef Tenderloin: served with horseradish cream sauce \$25

Spiral Ham: \$17 Roasted Potatoes: \$6 Roasted Broccoli: \$7

Rice Pilaf: \$6



For any questions or to place an order, please email Kate at hungry@katessimpleeats.com or call/text her cell at (716) 239-8909